

Dr. Frederick (Rick) Howdy, Jr.

Washington District- First Methodist Church (Washington)

Ethnicity- Caucasian

Share your testimony of coming to faith and salvation in Jesus Christ.

I grew up in the Episcopal Church and I went to an Episcopal Church camp (Camp Leach) for many summers as a boy. Chapel and worship services there provided a fledgling faith for me. I was an Eagle Boy Scout sponsored by the Methodist Church that strengthened my faith. As an adult, I went on one of the first Emmaus Walks held in eastern NC. The Holy Spirit moved me, energized me, and I have been actively seeking, growing, and sharing Christ ever since!

Describe your ministry in the name of Jesus Christ.

"I am the Church". I know that I am very imperfect but through prayer, worship, learning Scriptures, fellowship with other believers, and especially the Grace of God, I can offer the love of Christ to those I come in contact with. Attempting to learn and explore my spiritual gifts has allowed me to serve in many roles and areas in my home Church, community, and beyond.

Service in the General Conference is a special task. Explain your understanding of this task.

I believe in the "Priesthood of All Believers". Therefore, it is my privilege and responsibility to work alongside the Clergy in making disciples of Jesus Christ. This is especially important during the formation of a new denomination. We all need to exemplify worshiping passionately, loving extravagantly, and witnessing boldly! I was in attendance for the first NC Convening Annual Conference.

What gifts/strengths/passions/talents do you bring to the building up and organizing of the Global Methodist Church?

I have been blessed with a gift of administration. I am not shy about speaking Truth publicly or privately. I helped our Church through the process of Disaffiliation by providing information to our Church Council, leading congregational debates, and visiting Global Methodist Church information sessions in other towns. I have served on the Church Council and chaired most committees such as Finance, SPRC, and Trustees.

Do you agree to fast and pray for your role and the delegation to the General Conference? Yes

Do you attend worship at your church at least 3 out of 4 Sunday's a month? Yes

Are you a part of a small group, Sunday School class or band? Yes

Are you involved in Christian missions at least once a month? Yes

Do you pray regularly for your church, pastor, and members? Yes

Do you give a full tithe to the church of your membership? Yes

Do you uphold and agree with the Doctrinal Standards of the GMC as stated in Part 1 of the Transitional Book of Doctrines and Discipline? Yes

Do you uphold and agree with the Social Witness of the GMC as stated in Part 2 of the Transitional Book of Doctrines and Discipline? Yes

If elected will you agree to represent Jesus Christ and uphold the integrity of the GMC NC PAC? Yes

Do you have a current U.S. Passport? Yes

In order to serve, will you be available to travel to Costa Rica from September 19-27, 2024 and attend online meetings ahead of the conference? Yes

Are you willing and able to bear some of the cost for attendance to serve in this capacity? Yes

I once again affirm that I satisfy the requirements to be a delegate to the Convening General Conference of the Global Methodist Church. Yes

I consent for my answers to be published on the NCPAC website. Yes